

Ice Painting for Kids

You know those days when you just want a super simple activity to keep the kids busy? Those days when you just want to open the cabinet and pull out 1 or 2 items that will just WOW them while you go read a book? (Okay, or make dinner, clean house, pay bills ...) Well, actually, this activity is pulled out of the freezer. Hello, **ice painting for kids!**

Ice painting is loved any time of the year! Indoors, outdoors, at home and at school.

In the [winter](#) it can tie in with a snow theme and in the summer it can be added to a cool outdoor activity on a hot day. We've done this activity at the [beginning of the school year](#), when we were introducing our [preschoolers](#) to watercolors and different textures, and we've done it in the spring during our nature [science](#) unit. It's probably one of the most simplest painting activities around, and yet it is always popular with kids.

It's a favorite go-to activity any time!



Ice Painting

FUN FOR KIDS 

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Ice Painting for Kids

What you will need:

- A large piece of ice, frozen in your choice of plastic

container

- [Watercolors](#)
- A plastic tray to catch the puddles



Setting it up:

Pour water in your plastic container and allow it to freeze overnight. (One for each child, or for the amount of children who can fit at your art table at one time.) Right before starting this activity, remove the ice from the container onto a tray. Place watercolors on the tray next to the ice, along with a paintbrush.

Tip: Have a few of these ice blocks in your freezer at all times. This way they will be handy at that last minute when

the kids have extra energy, or when a playdate needs some extra fun.



Teaching 2 and 3 Year Olds

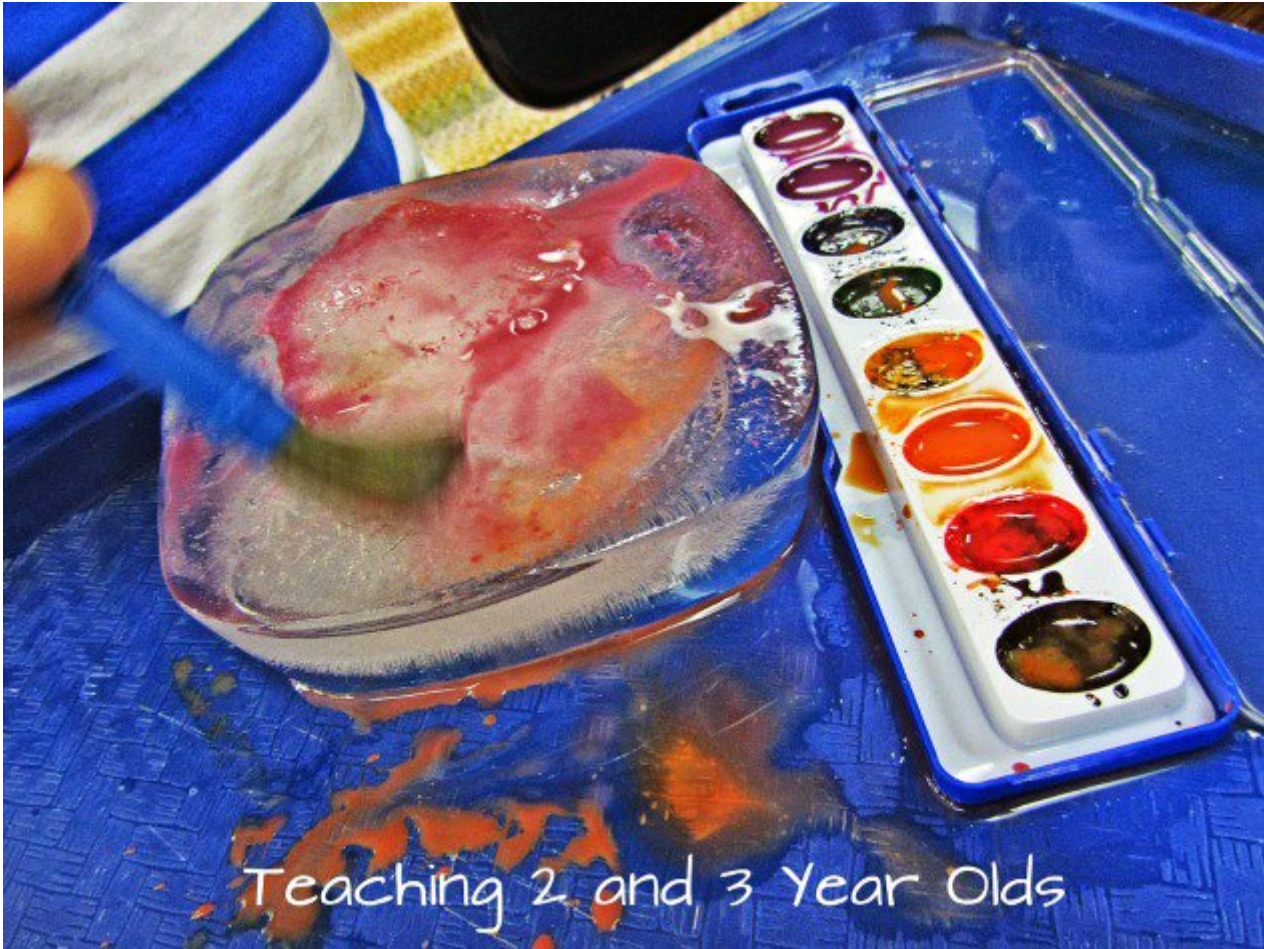
The process:

Invite your children to brush the watercolors on top of the ice block.



Observe:

Notice what happens with the watercolors as the ice starts melting. The texture starts changing, as do the colors.



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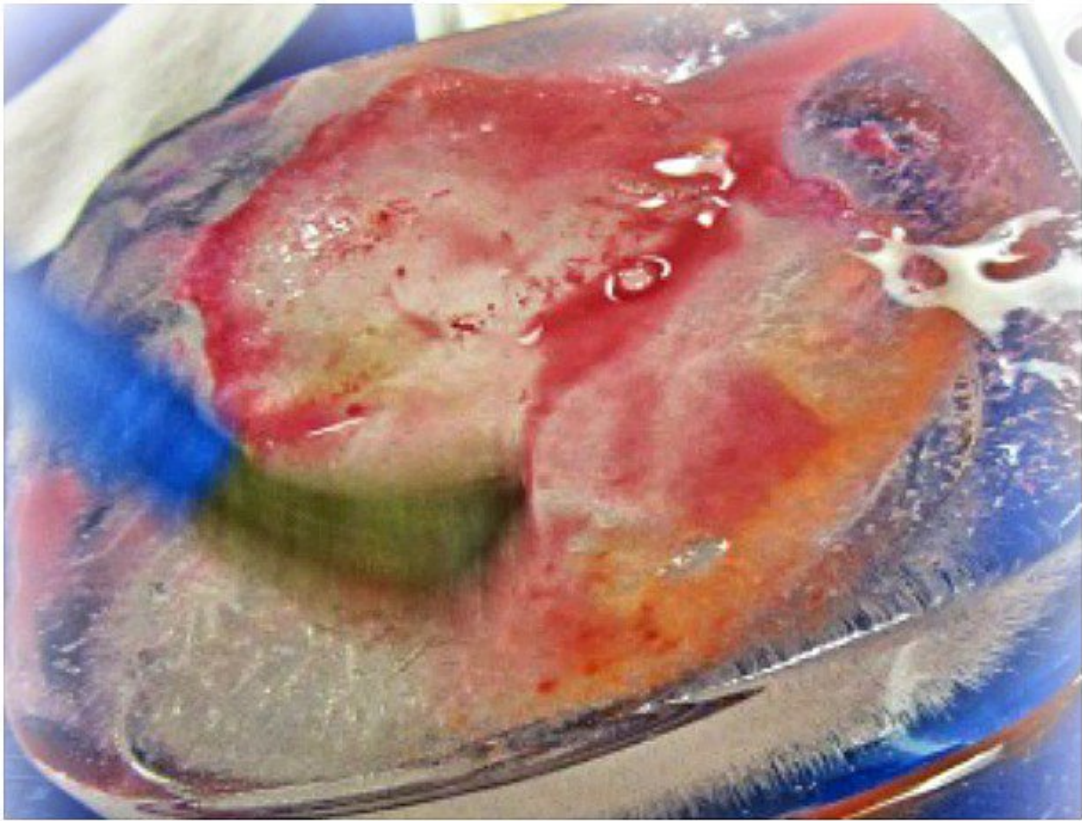


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When finished:

Either leave it as is, or press a piece of paper on top to make a print. Then, simply place the ice in the sink to melt. Clean up is a breeze!



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FOR KIDS

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