

# About



## Welcome!

Hello! I'm Sheryl Cooper, founder and writer at Teaching 2 and 3 Year Olds. I've been directing and teaching preschool for over 15 years in a small private program. I've wanted to be a teacher ever since I can remember, but didn't actually start my journey until after my own children were born. I was hired as an "interim" teacher for someone going on maternity leave but she decided to stay home with her new baby. Here I still am and love my preschool and my colleagues.

When I first started on the teaching journey, I felt a bit lost. I was thankful to meet some wonderful ECE teachers on the internet who answered all of my questions. I can never thank them enough for all their guidance! And so, I wanted to pass that on by providing a website for anyone who is interested in the education of toddlers and preschoolers. A wise mentor of mine once said, "Teach what you know, and continue to grow." I love that quote!

I love my job and learn more each year. I've read many Reggio Emilia books, have visited other schools that are Reggio-

influenced, and love to incorporate it into our program. I also love Maria Montessori's practical life skills and Bev Bos' love for play. I am passionate about what I do and love to share this with others!

Our activities are all done in my toddler and preschool classroom. [Come take a peek at my classroom!](#)

**New here?** You can get a good feel for what this website is all about by reviewing my [top educational posts](#).

For more information, please contact me at [sheryl@teaching2and3yearolds.com](mailto:sheryl@teaching2and3yearolds.com).